

HANDOUT



Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Accomplishing a Goal: How Will I Do It?

A goal I want to accomplish: \_\_\_\_\_

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The steps I will take to accomplish my goal:

1. \_\_\_\_\_

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2. \_\_\_\_\_

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3. \_\_\_\_\_

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**Reflection:** How will accomplishing this goal help me in the future? What obstacles might I encounter?  
How will I overcome them?

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